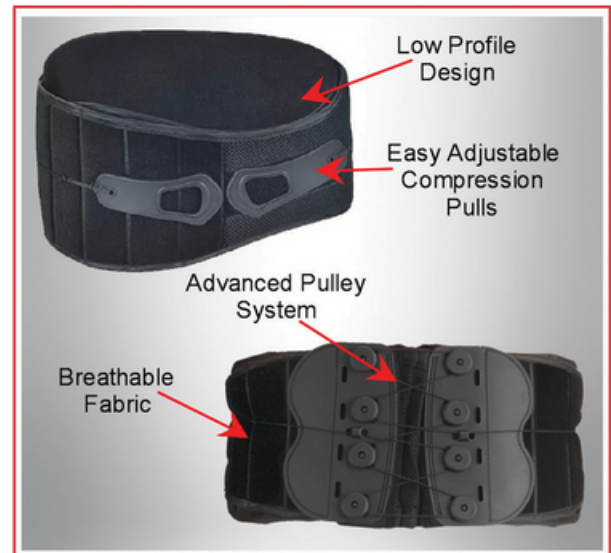


Back Support

This low profile innovative back support has been designed to provide immediate pain relief and the essential compression and support needed for the treatment plan outlined by your provider. It can be easily worn under clothing making it the perfect support for daily use and active lifestyles as you recover.



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Design Highlights:

- An advanced pulley system allows for easy adjustment and custom compression.
- Low profile design allows comfortable fit under clothing, ideal for active patients and recovery.
- Vertical stays provide structural integrity while allowing for flexibility where needed.
- Breathable fabric allows airflow to keep patients cool and dry over long periods of time.

Indications for Use:

- Lower Back Pain
- Lower Back Strains/Sprains
- Lower Back Muscle Spasms

Products are provided by TLC DME.

For more information regarding product application, functionality, and/or warranties, please call TLC DME Customer Care

1.855.4TLC DME or email
customer care@tlcdme.com

All DMEPOS products are covered by CMS, work comp, and commercial insurances. If you have not yet met the deductible associated with your insurance plan, you may have a financial responsibility.



Back Support

Wearing Instructions

While a support belt can improve your posture and limit your movements, which can help calm pain, it is critical to note that the lumbar support is not safe to be worn 24/7. Do not wear the brace longer than 6 hours at a time. Unless your provider recommended differently, you should wear for 2-3 hours and then take off for 30 minutes and move around some. Extended wear can result in weakening of muscles over time.

Your back brace should not be pressed tightly against your skin. Wear comfortable, loose-fitting clothing to prevent sweat and moisture from accumulating. Unless advised by your provider, do not sleep with the back brace on. The back brace should be taken off while bathing or showering. Do not drive with the back brace on. Use primarily when you stand, walk, bend and/or lift for support. If there is increased pain or irritation, please be seen for further evaluation.

Fitting Instructions

Before using this support, please read the instructions below completely and carefully.

Correct application is vital to the proper functioning of the support.

Application

Step 1. Our back support is a “one size fits all” brace, and **comes preset to size large**. To adjust to a smaller or larger size, detach both sides of the belt from the tabs on the posterior panel, fold or let out both sides to the desired size tab, and re-attach to the Velcro area on the posterior panel tabs. Excess tabs can be cut-off.

Step 2. Place the brace so that the back panel is centered on your spine just above the waist, making sure the logo on the back panel is right side up for correct positioning.

Step 3. While keeping the back panel centered, wrap the side panel around your abdomen.

Step 4. With the left side panel held tight to your abdomen, wrap the right side panel over and on top of the left side. Check to see that the back panel is still centered and adjust if needed.

Step 5. Grab the compression cords using the thumb loops and simultaneously pull the compression cords away from your body until the desired level of compression is achieved.

Step 6. Keeping the compression cords tight, bring each thumb loop across and secure to the front of the brace. For maximum compression lie on a flat surface once the brace is secured, and then loosen and re-adjust the compression cord.



Step 1



Step 2



Step 3



Step 4



Step 5



Step 6