



american family care
The Right Care Right Now

Knee Immobilizer

Our knee immobilizer provides unparalleled comfort and support, for a customized fit tailored to your needs. It is engineered for maximum adjustability ensuring a secure and stable fit. The unique posterior stay and dual-cuff design delivers greater immobilization. This knee brace provides the immobilization needed as prescribed by your medical professional while allowing for the best comfort available during your recovery.



Design Highlights:

- The slide-to-size adjustment provides the right fit for the largest variety of patient lengths and widths.
- Dual-cuff design for more effective immobilization.
- Perforated padded liner for breathability, comfort and to limit migration.
- Can be worn directly against the skin for greater comfort on warm days

Indications for Use:

- ACL, PCL, MCL, LCC Injuries
- Post-injury, Post-trauma
- Meniscal Repairs
- Patella Tendon Repairs

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Fitting Instructions

Application

Correct application is required to ensure proper function of the device. This product should be fitted and used only under the supervision of a medical professional, following their designed treatment plan.

Step .1 Determine length of the Posterior Stay.

The device is pre-set to 20" (50.8 cm) in length. **B**

To adjust the length and the cuff positioning:

Push down the blue button on Femoral Cuff (**A**) to unlock and slide it to the desired position.

Adjust the Tibial Cuff (**B**) in the same way. Place the Tibial Cuff at or above the calf muscle.

Step 2. Apply the device to the leg:

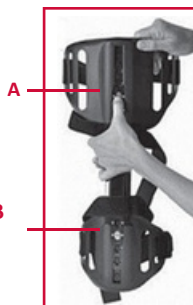
With the leg in full extension, center the knee between the Cuffs and align the Posterior Stay along the midline of the leg (**C**). Ensure that the Popliteal Pad (**D**) is centered behind the knee.

The Knee Immobilizer may be applied over a bare leg (under clothing), over a compression dressing, or over clothing. If placed over clothing, ensure that the underlying clothing is pulled taut and not wrinkled. Secure all four H-straps in order from bottom to top (**E,F,G,H**). Ensure that the Middle Adjustable Straps (**F,G**) are positioned

H not directly over the kneecap area; at least 2" (5 cm) away from the kneecap. The straps can be trimmed to an appropriate length. Extra Contact **G** Closure Tab can be placed at the base of each.

Removal:

Removal of the brace should only be accomplished as prescribed by your medical professional. While seated, undo all to remove the device from the leg.



Care Instructions

- Hand-wash using mild detergent and rinse thoroughly.
- Air dry, do not expose to direct heat.
- Do not machine-wash, tumble dry, iron, bleach, or wash with fabric softener.
- Avoid contact with salt water or chlorinated water. In case of contact, rinse with fresh water and air dry.



Products are provided by TLC DME.

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