



american family care
The Right Care Right Now

Thumb Orthosis

This adaptable splint helps you find a comfortable fit and effective support for your thumb and wrist while recovering from thumb strains and sprains, De Quervain's Syndrome, arthritis, carpal tunnel and scaphoid injuries. This splint is made to be removed for showering and can be worn as needed (and as directed by your provider) both day and night.



Design Highlights:

- Lightweight and durable construction.
- Removable and malleable palmar stays.
- Single pull lace closures.
- Tricot covered foam lining for comfort and extra durability.

Indications for Use:

- Thumb Sprains and Strains
- Scaphoid Injuries
- De Quervain's Syndrome
- Rheumatoid Arthritis and Osteoarthritis
- Carpal Tunnel

Thumb Orthosis

Fitting Instructions



Application

Step 1. Loosen the wrist straps and undo the thumb strap.

Step 2. Position your hand in between the interior of the orthosis and underneath the stockinette lining.

Step 3. Tighten and secure wrist/arm straps in the order shown making sure to position the orthosis low on your palmer crease as shown in the image above. Straps can be trimmed to eliminate excess length after fitting.

Step 4. Wrap the thumb strap around the thumb and secure to hook.

1)



2)



3)



4)



Care Instructions

- Hand wash with mild detergent after removing the stays
- Rinse and air dry
- Do NOT use bleach



Products are provided by TLC DME.

For more information regarding product application, functionality, and/or warranties, please call TLC DME Customer Care at 1.855.4TLC DME or email customer care@tlcdme.com

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